

Five Steps to Safer Amusement Ride Thrills

1. Dress for Safety

- Wear stable, closed-toed shoes.
- Avoid dangling jewelry, drawstrings, anything that might get caught in the machinery.
- Tie back long hair.

2. Find the Ride That Fits:

- Your Body - Size, shape, strength, health, abilities. Serious thrill rides are, by their very nature, physically demanding and emotionally intense.
- Your Age. Don't put young children on rides designed for older riders. Older patrons should avoid jerky rides, high acceleration rides.
- Your Personality. Timid riders may panic on wild rides. Risk-takers may be tempted to horseplay on slow "boring" rides.



3. Learn About the Ride Before Boarding

- Make sure you and your children understand all the safety rules.
- Look to see how and where riders are loaded and unloaded.
- Teach children what to do if something unexpected occurs:
 - If the ride stops during its cycle - stay seated and wait for instructions from the operator.
 - If you get frightened during the ride - stay seated, close your eyes, hold on tight, and (if you want) scream out loud.

4. Enjoy the Thrills; Avoid the Spills

- Load small children away from open sides, unless you're instructed otherwise.
- Use all the safety equipment provided, including grab bars. Double-check restraints (yours and your child's) before the ride starts moving.
- Hold on tight and ride eyes-front to protect your neck.

5. Get Off Safely

- Keep your whole body inside the ride until the restraint system releases or the operator tells you it's time to get off.
- Watch your step when getting out.
- Walk to the exit. Never run or play around near amusement ride machines.